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TO: All Media
FROM: Sean M. Rathjen, President, Consumers Credit Union
RE: Educational Seminar: "Building a Better Budget"
DATE: For release on September 9, 2008

**Consumers Credit Union Invites Public To Free Seminar:
"Building a Better Budget"**

No-cost educational program is open to everyone on October 8th

Waukegan, IL, September 9, 2008: Did you ever get to the end of the month, only to discover that it was a few days longer than your income? Have you ever asked yourself, "What happened?" You're not alone: in fact, these situations happen far more often than you might think. You'll find some practical solutions to financial challenges when you attend, "Building a Better Budget," a no-cost seminar hosted by Consumers Credit Union (\$508 M, Waukegan, IL) and Consumers Cooperative Association.

"Most people would clearly like to achieve greater control of their finances," said Sean M. Rathjen, President of Consumers Credit Union (CCU). "'Building a Better Budget' provides the tools to help make that possible. Those in attendance will receive practical, no-nonsense suggestions just about anyone can use . . . but very few people actually do. This is a great opportunity to learn how making a few small changes can make a big difference when it comes to reaching your financial goals."

Building a Better Budget is produced by BALANCE Financial Fitness, an organization specializing in helping people manage their financial resources, and will be presented by Lizbeth Sanchez. Lizbeth offers an easy to follow, step-by-step approach to balancing a budget . . . from developing a realistic spending plan to creating a plan to reach your personal financial goals. Her presentation covers the core concepts necessary to establish and maintain control of your finances.

Here are the details:

Date: Wednesday, October 8th, 2008
Time: 6:00 pm registration: seminar starts at 6:30 pm
Location: Ramada Inn – 200 N. Green Bay Rd. Waukegan, IL 60085
RSVP: Maria Contreras: mariac@myconsumers.org or (847) 265-5531

"Building a Better Budget" is sponsored by Consumers Cooperative Association. The Association is also CCU's sponsor, providing a variety of Member benefits, including merchant discounts, scholarship programs and sponsoring educational events such as this seminar.

Seating is limited, so please call Maria Contreras today at (847) 265-5531 to reserve your seat and/or for additional information about "Building a Better Budget." Consumers Credit Union is Member-owned, with offices in Waukegan, Mundelein, Round Lake Beach, Gurnee, and North Waukegan and online at www.myconsumers.org. And watch for our new office opening soon in Volo, Illinois!